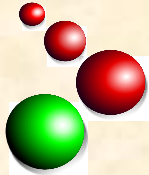


**HORIZON BASKETBALL  
ASSOCIATION**



*SMARTER AND STRONGER  
ATHLETES MAKE THE  
DIFFERENCE*

*A WINNING ORGANIZATION  
IS MADE  
OF WINNING PEOPLE*

*A WINNING ORGANIZATION  
UTILIZES VARIOUS  
RESOURCES*

*A STRONG INDIVIDUAL  
MAKES A WINNING TEAM  
STRONGER*

**HORIZON BASKETBALL  
ASSOCIATION**

**Horizon Basketball Association**

specializes in the training and develop-  
ment of student athletes grades 3-12 and  
beyond

**Horizon Basketball Association**

is an innovative development program de-  
signed to enhance and optimize the ability  
of the athlete through the use of basket-  
ball “modeling”, based on a sense and re-  
spond method through reinforced tech-  
niques and structured modules. It is these  
attributes that form the basic foundation of  
learning the game of basketball

**Horizon Basketball Association**

is specifically geared to enhance the  
athlete’s basketball IQ making them a  
better and more confident player

**Phone: 571 434-8HBA**

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## Ultimate Team Player Series

## HORIZON BASKETBALL

### Ultimate Team Player Series

The Ultimate Team Player Series (UTP) is designed to give the student athlete the skills needed to play on a competitive level. The way we do it is through a series of training-camps that focus on the



strengths and weaknesses of the athlete.

We reinforce this training through video sessions that will provide the student the visual aide needed to assist in

muscle memory. \* This is needed when it comes to instinctive playing. When participating in front of a crowd or merely playing one on one, the athlete begins to feel more relaxed and confident. This is the foundation required to become a standout basketball player. The Horizon UTP series will enhance the skills while raising the basketball IQ of the player. They become stronger, faster, and better to play more competitive. This type of training is where it all begins, from elementary through the college years.

\* video training options apply

### Training Camps Offered

One on One

Jump Shot Shooting

Free Throws  
Under Pressure

Dribbling  
Fundamentals & Principles

Ball Handling In Transition

Passing, Catching and  
Court Awareness

Instinctive Rebounding

Understanding Man and  
Zone Offenses

Defensive Strategies

*Note: Check out our training  
schedule and locations  
online*

FOCUSING ON INDIVIDUALS

BUILDING STRONGER  
TEAMS

ONE ON ONE BASKETBALL  
INSTRUCTION

LEARNING CURVE  
MAXIMIZED FOR OPTIMAL  
RESULTS

ENHANCED STRENGTH AND  
ENDURANCE

Horizon Basketball Association

PO BOX 650984

Potomac Falls • Virginia • 20165

Phone: 571 434-8HBA

E-mail: [info@horizonbasketball.com](mailto:info@horizonbasketball.com)